# Little SPARK: Simple Play Adaptations to Reference for Kids

## Ultimate Fidget Fidgipod

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| **Description:** | **Image:** |
| Fidget tool featuring 100's of soft rubbery spiky bristles, chunky sensory spokes around the rim, and a 1" deep spider-web design on the non-skid bottom.  [Purchasing Information](https://shoponline.pfot.com/fidgipod.html) | Round rubbery disk with spiky bristles on top and spokes aroud the rim. |

**Who Might Benefit?**

Those who seek sensory input throughout the day, prefer movement to focus, engage in touching, poking, or fidgeting with items to calm themselves.

**Why Use?**

Quiet sensory exploration and self-calming tool that can help a child’s focus and regulation.

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| Instructions for Use: | Adaptation Ideas: |
| **Environmental Considerations** Use in all settings during large group activities, small group activities, and one-on-one instruction. **Positioning & Alternate Positioning**   * Use in any position; seated, standing, on the floor, etc. with a slanted surface or propped up.   **Basic Play/Use**   * Open ended exploration.   **Play/Use with Others**   * Take turns playing “I can…” game (e.g. I can poke it with my fingers). | **Stabilize It**   * Use Velcro or Dycem or add a handle.   **Contain It**   * Store in open container alone or sensory tub with other items.   **Add Sensory Cues**   * Label colors and shapes with print words and braille in environment.   **Communication Supports**   * Visual supports like communication cards and social narratives can help a child communicate their feelings.   **DIY Alternatives**   * Textured balls at discount or pet stores. * Bean bags or squeeze balls with various textures. |

### Words to Encourage Play/Use

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| **Touch**  A child with their hand on the shoulder of another child. | **PokeA finger poking a red block.** | **Calm** A child in a blue shirt comforting another child in a green shirt who is smiling. |
| **Quiet**Person with index finger in front of lips saying “Shh” | **HandsTwo hands, right and left next to each other.** | **Fingers**A close up of the fingers on a right hand. |
| **HelpA child kneeling on his knee and another child reaching toward the kneeling child.** | **OnA black circle sitting on top of a black line.** | **OffA black arrow pointing to a circle that is away from the black line.** |

\*”Adaptations” adapted from: Haugen’s Modes for Adapting Toys based on materials from the "Let's Play" Project at the University of Buffalo

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